

Each one of us has a story to tell that is unique to us. Have you ever thought of leaving a special message as a legacy to share with your family or people that are important to you?



## Contact us

To record your special memories and leave a priceless legacy to your family, please contact a member of our Care Team.

### St Raphael's Hospice

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[www.straphaels.org.uk](http://www.straphaels.org.uk)

"The interviews about my life made me feel special at a time when I just needed a bit of a boost."

It's My  
Life

Your story, in  
your own words

St Raphael's   
Your Local Hospice

# St Raphael's Biographers

We would like to offer you the opportunity of telling your unique story in an easy conversational way; be it a funny event or some of the things that have happened to you during your life time.

"When you know you haven't got that much time left, it's good to know you're leaving something permanent behind."



We all have photos that enable us to see and remember people. Recording your story gives an aural history that captures your unique voice and sound.

There is no preparation needed, just the willingness to have a conversation with one of our Hospice Biographers; Steve, Angie or Inge, who are happy to meet with you in your own home or in the Hospice.

Your conversation and the story you share will be recorded and when completed transferred onto two USB sticks that will be given to you.

You can choose to share them with your family now or leave them as part of your unique legacy.

Go on give it a go! We would love to hear from you.

"I wish my mother had been offered this service when she was still alive. I only had her voice on an answer machine and it was wiped by mistake."



"This is such a wonderful idea. I was a bit reluctant to be interviewed at first, but once we got going I enjoyed telling my life story."