

## Volunteer Role Profile

<b>Role Title</b>	Volunteer Complementary Therapist
<b>Time commitment</b>	Ideally, we would like volunteers to commit to one day a week, on a Tuesday, Wednesday or Thursday. However, we are flexible and can consider any commitment, with the minimum being one day a month.
<b>Point of contact</b>	Ana Angarita, Complementary Therapy Lead
<b>Location</b>	St. Raphael's Hospice, Wellbeing Centre.
<b>Why we need you?</b>	<b>Complementary therapists provide a valuable service in providing therapies to aid the symptom management of patients, as well as providing carers and family members and the recently bereaved with treatments.</b>
<b>What will I be doing?</b>	<ul style="list-style-type: none"> <li>➤ Offer complementary therapy tailored to the individual needs of attendees of the Wellbeing Centre.</li> <li>➤ Promote the Complementary Therapy Service with support from all members of the multi-disciplinary team.</li> </ul>
<b>What makes a good Complementary Therapy Volunteer?</b>	<ul style="list-style-type: none"> <li>➤ A volunteer Complementary Therapist should ideally be qualified to at least Level 3 in either massage, reflexology or reiki, have their own insurance and be registered with CNHC.</li> <li>➤ Be a good listener, sensitive, tactful and emotionally intelligent. You should, if possible, be emotionally resilient and professional.</li> <li>➤ You should be able to deal with challenging situations and maintain your focus on the patient's well-being.</li> <li>➤ You should have sound understanding of good practice and ethics while understanding the importance of following protocols, maintaining confidentiality and safeguarding issues.</li> </ul>
<b>Induction and Training</b>	<ul style="list-style-type: none"> <li>➤ Your induction and training will provide you with an opportunity to get to know the wider team and ensure you are familiar with the role and feel comfortable.</li> <li>➤ The induction and training will lead straight into your first shift, which will give you a taster of what the role will entail.</li> <li>➤ Prior to your shift you will be given a guidance document that will provide key information and our volunteer policies and procedures.</li> </ul>

<p><b>What's in it for you?</b></p>	<ul style="list-style-type: none"> <li>➤ It will allow you to get involved in your local community and to provide a unique service to our patients.</li> <li>➤ You will gain valuable experience and utilise existing skills and expertise.</li> <li>➤ Team work, communication and using your initiative.</li> <li>➤ Boost your confidence and your CV for future jobs – we will provide you with a reference.</li> <li>➤ We will reimburse reasonable out of pocket travel and parking expenses.</li> <li>➤ Provide lunch and other refreshments</li> </ul>
<p><b>What to do if you are interested</b></p>	<p>Please complete the registration form. If you are successful the volunteer lead will contact you for an informal discussion.</p> <p>If you have any further questions, please email <a href="mailto:anaangarita@straphaels.org.uk">anaangarita@straphaels.org.uk</a></p> <p style="text-align: center;"><b>We look forward to hearing from you!</b></p>